

C1. ARTS IN JAIL: EXPERIENCES AND LEARNING PATTERNS FOR PRISONERS

27th of June - 2nd of July

Szczecin

WORKING PAPER

Premise

SHARE, COMPARE AND SYSTEMATISE METHODS OF ARTISTIC WORK IN PRISONS IN ORDER TO:

- § CREATE NEW TOOLS AND METHODS AND MAKE THEM MORE VISIBLE AND USABLE IN ALL PARTNERS COUNTRIES
- § PROMOTE RE-SOCIALISATION AND MORE CONSCIOUS PARTICIPATION OF PRISONERS IN ORDER TO FIND A JOB
- § STIMULATE THE SOCIETY TO BE MORE INCLUSIVE TOWARDS PRISONERS

Chart of Project Meanings, Plovdiv, 23rd April 2016

Through our last meeting in Plovdiv partners have worked on a *Chart of Project Meanings* with the aim of keeping in mind both our targets and the framework we are moving in. While research activities go on providing fundamental data for the achievement of our project goals, the main task of this training step is to develop proactive dynamics, firstly among partners and secondly towards the stakeholders, by the exchange of everyone's knowledge and the elaboration of new perspectives, discussing, sharing and testing.

The main aim of this training course is to offer to partners the opportunity of sharing knowledge about their experience in jail, also with the goal of focusing on new educational models in addition to operating roles needed to bring art in jail.

From a methodological point of view every partner, besides technical ones, are invited to present their reasons and ways of working in jail. Through the following debate every group will better define some hypothetical educational models, suitable both for prisoners and for any other role involved in the process. Features, skills and background of these roles will be precised.

A further step of discussion among partners will bring us to define which roles are needed for bringing artistic activities in jail and, as a consequence, every organization will be invited to ponder which inner and external resources would be useful for achieving our expected results.

Goals

OBJ 1: Patterns and experiences of artistic/theatrical activities with inmates that will encourage prisoners' learning

OBJ 2: Patterns of formal and informal education in jail, deliverable patterns of integration

OBJ 3: The operating roles requested to bring arts into jail: the skills needed from operators

Expected results

1. An improvement in relational dynamics and synergies within the group
2. A better understanding of the project
3. An enhancement of everyone's knowledges about artistic and theatrical activities which are suitable for the jail framework.
4. An analysis and understanding of educational models which are useful for delivering concrete actions
5. Identification of the operating figures required to implement interventions
6. A redefinition of educational path

Programme

| Monday 27 | Tuesday 28 | Wednesday 29 | Thursday 30 | Friday 1 | Saturday 2 |
|--|---|---|---|---|---|
| <p>WELCOMING</p> <p>EDUCATIONAL AGREEMENT: - Course planning - Participants' expectations, - Course rules</p> <p>GROUP BUILDING ACTIVITIES</p> | <p>OBJ 1 EUROSUCCESS - Introduction - Social games - Feed back</p> <p>ASTURIA: - Presentation model - Workshop - Debriefing</p> | <p>OBJ 1 STUDY VISIT IN ARESZT ŚLEDZCY SZCZECIN (custody)</p> <p>COLLEGIUM BALTICUM - Workshop: Theatre in Prison</p> | <p>OBJ 1 ARCI: - Introduction/ presentation model - Workshop - Debriefing</p> <p>MARKET FOR IDEAS - Preparation of the stands - Exchange of proposals and ideas</p> | <p>OBJ 2 Lecture on "Resocialization pedagogy demanding creation and development"</p> <p>EDUCATIONAL PLANNING Working groups, sharing step, synthesis - Who are our recipients? - What are we precisely offering?</p> | <p>PROGRESS OF RESEARCH</p> <p>Presentation C2 (Obj 1 and 2)</p> <p>DISCUSSION ON REMAINING TRAINING STEPS (C2 and C3 in particular)</p> <p>CONCLUSIONS TRAINING EVALUATION</p> |
| <p>OBJ 1 UPSDA: - Introduction - Motivation to change - Stress management and conflict resolution</p> | <p>OBJ 1 THEATRE DELL'ORTICA: - Introduction - TO methods - Workshop: autobiographical techniques - Workshop: median object technique</p> | <p>OBJ 1 AUFBRUCH: - Introduction: history - Workshop - Conclusion</p> <p>IZMIR: - Vision - presentation of artistic and theatrical activities in prisons in Turkey</p> | <p>OBJ 2 EDUCATIONAL MODELS: - Working groups - Sharing step - Synthesis on patterns of formal and informal education in jail</p> | <p>OBJ 3 IDENTIFICATION OF NEEDED OPERATING ROLES</p> <p>Working group</p> <p>profiles skills Educational proposal</p> | |

DETAILED SCHEDULE

| Timing | Title | Objectives | Planned activities | Expected results | Trainers |
|--------------------------|---|---|--|---|-----------------------|
| Monday 27th June | | | | | |
| From 9.00 to 10.30 | TRAINING AGREEMENT | <ul style="list-style-type: none"> Construction of the training agreement | <ul style="list-style-type: none"> Course presentation Entering questionnaire Participants' expectations Course routes | <ol style="list-style-type: none"> Understanding of the activities and objectives Sharing of expectations and commitment of each participant | Collegim Balticum EFA |
| break | | | | | |
| From 10.45 to 12.30 | GROUP BUILDING ACTIVITIES | <ul style="list-style-type: none"> Training group building Knowledge of participants Effective interaction and communication | <ul style="list-style-type: none"> Learning our names Activities for an effective interaction and communication | <ol style="list-style-type: none"> Warm up group climate Better participants' names knowledge Development of communication and interaction skills | Collegim Balticum EFA |
| lunch | | | | | |
| From 14.00 to 15.30 | MOTIVATION TO CHANGE | <ul style="list-style-type: none"> Improve participants motivation to change | <ul style="list-style-type: none"> Individual exercise with drawing The ship of change simulating game | <ol style="list-style-type: none"> Awareness of the ambivalence to change Contemplation for change | UPSDA |
| break | | | | | |
| From 15.40 to 17.00 | STRESS MANAGEMENT AND CONFLICT RESOLUTION | <ul style="list-style-type: none"> Improve people skills management and conflict resolution | <ul style="list-style-type: none"> Role play and observations Laughter yoga and relaxation exercise | <ol style="list-style-type: none"> Identification stressful situations in participants life Practise stress management skills Learning on conflicts resolution | UPSDA |
| Tuesday 28th June | | | | | |
| From 9.00 to 10.30 | A NEW WAY TO SOCIAL SKILLS | <ul style="list-style-type: none"> Development of social skills | <ul style="list-style-type: none"> Brief introduction of the activities Memory games Past – present – future Six thinking hats | <ol style="list-style-type: none"> Providing trainees with valuable tools and ideas to enhance and develop social skills of the prisoners for successful re-integration | EUROSUCCESS |
| break | | | | | |
| From 10.45 to 12.30 | LITTLE STORIES, GREAT HOPES | <ul style="list-style-type: none"> Predisposing autobiographical activity inside prisons | <ul style="list-style-type: none"> Brief presentation of Little Stories material Workshop on the use of the material for teachers | <ol style="list-style-type: none"> Creating space for reflection about specific topics Strengthening identity and self-esteem Encouraging and motivating | Asturia |

| lunch | | | | | |
|---------------------|---|--|--|--|---------------------|
| From 14.00 to 15.30 | THEATRE DELL'ORTICA METHODOLOGIES | <ul style="list-style-type: none"> ● Overview of TO work ● Dissemination of informations through passage of techniques | <ul style="list-style-type: none"> ▪ Brief introduction of TO activities ▪ Lecture about TO methods ▪ Feed back | <ol style="list-style-type: none"> 4. Promote the cohesion of the working group 5. Facilitate the involvement of each partner | Theatre dell'Ortica |
| break | | | | | |
| From 15.40 to 17.00 | WORKSHOPS ON AUTOBIOGRAPHICAL TECH. AND MEDIAN OBJECT TECH. | <ul style="list-style-type: none"> ● Investigate the autobiographical and median object techniques | <ul style="list-style-type: none"> ▪ Experiential workshop with autobiographical techniques ▪ Experiential workshop with the median object | <ol style="list-style-type: none"> 1. Train the partners to know how to use autobiographical and theatre techniques | Theatre dell'Ortica |
| Wednesday 29th June | | | | | |
| From 9.00 to 11.00 | STUDY VISIT IN ARESZT ŚLEDZCY SZCZECIN (custody) | <ul style="list-style-type: none"> ● To make partners familiar with the reality in Poland by presenting the place where operators are working | <ul style="list-style-type: none"> ▪ Visit of the custody ▪ Visit of the Departement of Forensic psychiatry (where occupational therapy takes place) ▪ Visit of Diagnostic Center | <ol style="list-style-type: none"> 1. Familiarity with Poland's prisons reality | Collegium Balticum |
| From 11.15 to 12.30 | WORKSHOP: THEATRE IN PRISON | <ul style="list-style-type: none"> ● How to work with people at risk of social exclusion by theatrical resocialization | <ul style="list-style-type: none"> ▪ Theatrical resocialization; case study | <ol style="list-style-type: none"> 1. Theory and practical tools to work with people at risk of social exclusion | Collegium Balticum |
| lunch | | | | | |
| From 14.00 to 15.30 | THEATRE PROJECTS IN PRISONS | <ul style="list-style-type: none"> ● Overview of the theatre work of aufBruch in prisons and the outside projects | <ul style="list-style-type: none"> ▪ Introduction: history and basic informations ▪ Workshop: structure and steps of a theatre project in prison ▪ Conclusion: video | <ol style="list-style-type: none"> 1. Overview about possibilities and difficulties of theatre work in prison 2. knowledge of problems with prisons and inmates 3. motivation strategies 4. knowledge of exemplaric model of theatre projects in prisons and German certification system | aufBruch |
| break | | | | | |
| From 15.45 to 17.00 | ARTISTIC AND THEATRICAL ACTIVITIES IN PRISONS IN TURKEY | <ul style="list-style-type: none"> ● Presenting artistic and theatrical activities in prisons in Turkey | <ul style="list-style-type: none"> ▪ Republic of Turkey Government's vision ▪ Artistic and theatrical activities in Turkey ▪ Drama activities in working group for rehabilitating offenders | <ol style="list-style-type: none"> 1. Presenting and sharing good examples about artistic activities in prison in Turkey | Izmir Valiliği |

| Thursday 30th June | | | | | |
|---------------------|--|--|---|--|------------------------|
| From 9.00 to 10.30 | BUILDING BRIDGES | <ul style="list-style-type: none"> Understanding of our project and philosophy and compare the Italian prison reality with other partners | <ul style="list-style-type: none"> Introduction Presentation of our activities Workshop about parenthood in jail Discussion | <ol style="list-style-type: none"> Knowing Arci's philosophy acting in prison Assimilate of Italian prison reality and knowing of potentiality of parenthood studio. Reinforce the network between partners | ARCI |
| break | | | | | |
| From 10.45 to 12.30 | MARKET FOR IDEAS | <ul style="list-style-type: none"> Focusing concepts and tools Exchange ideas | <ul style="list-style-type: none"> Preparation of the market: stands of ideas and instruments Exchange of proposals and ideas | <ol style="list-style-type: none"> Better understanding of each other methodology Enrich and strengthen its methodology | Collegium Balticum EFA |
| lunch | | | | | |
| From 14.00 to 17.00 | EDUCATIONAL MODELS | <ul style="list-style-type: none"> Analysis and understanding of educational models which are useful for delivering concrete actions | <ul style="list-style-type: none"> Working groups to produce educational models that fits with inmates training for artistic activities Sharing step Synthesis | <ol style="list-style-type: none"> Definition of educational models | All the partners |
| Friday 1st July | | | | | |
| From 9.00 to 10.30 | PATTERNS OF FORMAL AND INFORMAL EDUCATION: Resocialization pedagogy (RP) demanding creation and development | <ul style="list-style-type: none"> Presentation of the concepts of the RP Knowledge about methods and techniques of creative resocialization Definition of the modern resocialization pedagogue profile Assumptions of the Method of the Resocialization Theatre | <ul style="list-style-type: none"> Lecture on "RP demanding creation and development" | <ol style="list-style-type: none"> Differences between classical RP and RP demanding creation Myths about the resocialization reality. The idea, pillars, methods, tech. of creative rehabilitation. The resocialization strategy Qualifications and competences of modern RP A concept of the resocialization theatre and other methods sustaining the process of resocialization | Collegium Balticum |
| break | | | | | |
| From 10.45 to 12.30 | EDUCATIONAL PLANNING | <ul style="list-style-type: none"> Definition of educational plan: elements syntax recipients contents | <ul style="list-style-type: none"> Working groups on elements, syntax and recipients of an educational plan Sharing step synthesis | <ol style="list-style-type: none"> Definition of an educational plan | All the partners |

| lunch | | | | | |
|---------------------|--|---|--|---|------------------------|
| From 14.00 to 17.00 | IDENTIFICATION OF NEEDED OPERATING ROLES | <ul style="list-style-type: none"> • Identification of the operating figures required to implement interventions | <ul style="list-style-type: none"> ▪ Brainstorm on needed operating roles ▪ Working group on profiles, skills and educational proposals ▪ Synthesis | 1. Definition of the roles needed in the network, their skills and educational proposals | All the partners |
| Saturday 2nd July | | | | | |
| From 8.00 to 10.00 | PROGRESS OF RESEARCH AND PRESENTATION C2 | <ul style="list-style-type: none"> • Updates on the project • better understanding of the project and training path | <ul style="list-style-type: none"> ▪ Presentation of the progress of the research ▪ Presentation C2 ▪ Questions | <ol style="list-style-type: none"> 1. Discussion about research progress 2. Sharing on C2 | Collegium Balticum |
| break | | | | | |
| From 10.15 to 12.15 | REDEFINITION OF EDUCATIONAL PATH | <ul style="list-style-type: none"> • Better understanding of the remaining training path | <ul style="list-style-type: none"> ▪ Discussion on C2 and C3 | 1. Co design of the remaining training | All the partners |
| break | | | | | |
| From 12.30 to 14.00 | CONCLUSIONS TRAINING EVALUATION | <ul style="list-style-type: none"> • Evaluation of the C1 educational path | <ul style="list-style-type: none"> ▪ Feed back questionnaire ▪ Group sharing about the results achieved | 1. Course verification and evaluation | Collegium Balticum EFA |